



Women's Ministries invites you to Grow . . . thru the study of His Word

WOMEN OF THE WORD (WOW) WINTER SEMESTER

WOW AM

Tuesdays, January 3—March 27

9:00-11:30a.m.

WOW PM

Wednesdays, January 4—March 28

6:30-8:00p.m.

◆ BECOMING A WOMAN OF STRENGTH with Cynthia Heald

The apostle, Paul, had a painful thorn in the flesh and he begged the Lord three times to take it away. With each entreaty the Lord answered: "My grace is all you need. My power works best in weakness." As a result Paul experienced God's strength manifested in his weaknesses. In our "do it yourself" world it is difficult to admit our weaknesses and harder still to grasp the concept that it is our very helplessness that God uses to strengthen us.

Our study, **Becoming a Woman of Strength**, is not only about understanding our weaknesses and God's desire to strengthen us for His purposes, but also about realizing our inclination to rely on our own strength and insight in making decisions and handling difficulties. This study is about giving up our independence and learning to wholly depend upon the Lord and His strength.

As a result of our time together, we will become women of strength knowing that we can do all things because God is the great Giver of strength.

Teacher: Cynthia Heald

WOW AM Location: Worship Center

WOW PM Location: Oasis Auditorium

Cost: \$10.00

◆ BOUNDARIES

This class centers on the DVD-series by Dr. Cloud and Dr. Townsend. The focus is on building our strength as godly women to be able to speak up for ourselves either with neighbors, parents, ex-spouses, or friends. It includes additional materials on the problem of codependency; signs, symptoms and strategies to get unhooked from that style of relating. Join this class to embark on a journey that will tackle the issues that tend to wear us out and cause much undue anger or feelings of victimization and therefore ruin our potential "happy relationship quotient"!

Teacher: Jane St. Pierre (MSW, LCSW)

WOW AM & PM Location: Tan-5a

Cost: \$75.00 (book an additional \$10) (online registration not available)

Class size: 15

- ◆ **CHILDCARE** — An excellent childcare program (birth-kindergarten) is available to moms attending WOW. During our **Tuesday AM session** home-schooled children are welcome. Call the Children's Ministries office for details (296-8501). Pre-registration required.

You may register for WOW online or at the Women's plaza table Sunday mornings.